



Recruitment & Baseline Steps

Taking Blood Pressure:

- Anyone who wants to have their blood pressure screened can do so!
- Have the person sit down, fit the cuff and take their blood pressure with the Welch Allyn monitors.
- Depending on the person's blood pressure reading, counsel them using the appropriate script.
- If the participant is a Black man, over 50, give him the pitch script to see if he is interested in being screened for our project

Screening:

- **Any men** who are 1) Black/African American and 2) 50 or older are eligible for our screening questionnaire. If the participant meets these criteria, assign them a tracking ID number using the participant's initials, the site ID number, your interviewer ID number, and the next individual ID number available. If the participant does not want to give their initials, use the initials "XX."
- If he seems interested, read the man the screening verbal consent script and ask if he is interested in answering a few questions to see if he is eligible for our project.
 - o If yes- give him the screening questionnaire to complete.
 - o If no- thank him for his time and tell him that he can go to the van (if present) for the rest of his screenings.
- Take the participants blood pressure 3 times (BP monitor does this automatically)
- Counsel the man based on their blood pressure using the appropriate script
- If the BP reading AND the screening questionnaire qualify him then let him know he is eligible for our project and ask him if he would like to learn more about it.
 - o At this time, assess the participant's English proficiency (does the participant clearly understand the questions?). If the participant does not seem to speak English fluently, try to explain in respectful and simple language that the project requires the participant to speak over the phone in English several times and all participants need to be comfortable speaking English.
 - o If yes – Go over the consent with him. If he agrees have him sign it and initial every page. Also have him sign the audio tape consent form. Make sure that the participant has the time to commit to the project.
 - o If no thank him for his time.

*** If the man is interested but does not have time for Baseline at this time, read him the full consent and have him sign it. Fill out the tracking form with all his information, have him sign the medical release and take his height, weight, waist circumference and administer the health literacy assessment. Try to schedule a date and time when the baseline questionnaire can be delivered over the phone to the participant, and give him an appointment card. Tell him that you will call him deliver the questionnaire



over the phone and if he has any questions to contact you. **NOTE:** Do not pay the man or give him the haircut voucher until he has completed the Baseline survey.

Baseline Visit:

- Complete the tracking form with all of his contact information and have him sign the Medical Release form.
- Tell him that you are going to ask him a few questions about his lifestyle and health. Direct him to the private space to administer the survey.
- Start the audio recorder, say his ID number, and administer the Baseline survey.
- After the survey is complete, take his height, weight and waist circumference (unless these were collected at the eligibility visit).
- Once the baseline visit is complete it is time to randomize the participant to one of the three interventions. Open the next available randomization envelope and note on the tracking form which group he has been randomized to. Put the envelope in the participant's folder along with all other documents.
 - o The interventionists will be administering the control information. Let them know which group the man has been assigned to and make sure they have the necessary materials for the control session.
 - o If he is randomized to the CRC group, notify the PN and introduce the PN to the man. If the man is willing, they will have visit 1 at that time.
 - o If he is randomized to the MINT group, notify the MI counselor and introduce him/her to the man. If the man is willing, they will have visit 1 at that time.
 - o If he is randomized to the combined group (PLUS), then notify whichever part of the combined intervention comes first.
 - o If the man does not have time for the intervention part of the study, introduce him to his interventionist. The interventionist should talk to the man and schedule a time when they can complete the first intervention. Make sure to give the man the packet of materials so that he can review them during the session (especially if it is over the phone).
- While the man is meeting with the PN or MI counselor score the Newest vital Sign and put all of the man's papers into a file with his study ID at the top.
- When the visit is complete, give the man a haircut voucher and note this in the voucher log.
- Pay the man \$15 for his time and fill out the receipt for payment paperwork. Have the man sign it when he is finished. (**NOTE** we do NOT give out haircut vouchers or pay people until they have COMPLETED the Baseline survey.)
- Thank the participant for his time and let him know the next steps in for study participation (ie future phone calls, scheduling intervention if needed).